

ADMIN INSTRUCTIONS

Type of Flight: Clinical Hypobaric Chamber Assessment

Date:

Reporting time: 7.50 am at the ST Healthcare Lobby Area

Start Time: 8.00 am sharp

Attire: Normal working dress

Location: ST Healthcare Pte Ltd,

492 Airport Road

Singapore 539945

Contact Person (STHC): Mr Tony Lam Off: 64880614 HP: 90232983

General Information to Participants

Please bring along a jacket, wear long sleeve shirt or clothes that can keep you warm as the air condition in the hypobaric chamber can be cold.

1. You are required to refrain from putting on hair gel/cream, facial cosmetics or application of medication oil.
2. Please **call STHC** one day before or on the morning should you experience or encounter the followings:
 - If you are unwell, having flu, fever, bad sore throat, cough, common cold, running nose or still recovering from flu that you had recently.
 - Not able to attend due to unforeseen circumstances
 - Not able to come in time due to traffic jam, woke up late.
 - Gone diving in the past two days before the clinical assessment.
 - Had medical appointment pending with other hospitals
 - Had recent surgery and currently on review.
3. Please be **punctual**. Once we start the clinical hypobaric chamber assessment, it is not possible to interrupt the assessment to include the latecomer and therefore, latecomer will be sent back. Thanks for your understanding.
4. Please call STHC if you are unable to attend on the scheduled date. This will free the slots for other waiting personnel.